



# Lunch Menu

Week 1

MON

BEEF BURGER  
-  
VEGGIE BURGER (V)  
-  
CHIPS (V)  
-  
CHEESY BITES (V)

TUE

NACHOS: SALSA  
SAUCE, CHEESE AND  
JALAPENO (V)  
-  
CHICKEN FAJITAS  
WITH VEGETABLES  
-  
QUORN FAJITA  
WITH VEGETABLES

WED

CHICKEN NOODLE  
-  
VEGETABLE  
NOODLE  
-  
SPRING ROLLS (V)

THU

CHICKEN GRILL  
-  
QUORN CHICKEN  
-  
RICE (V)

FRI

PASTA CHICKEN  
SCHNITZEL  
-  
VEGETARIAN  
PATTY  
-  
TOMATO PASTA  
CONCHIGLIE(V)  
-  
GARLIC BREAD (V)

FRUIT

PUDDING

FRUIT

CAKE AND  
CUSTARD

FRUIT



NLGS  
KITCHEN

## SALAD BAR

TOMATO, CUCUMBERS, LETTUCE, SWEETCORN, MIXED STEAMED VEGETABLES, OLIVES, HUMUS, GUACAMOLE, MIXED PICKLES, PASTA, KISIR, SARMA (MINIMUM OF 5 OPTIONS WILL BE AVAILABLE DAILY)



# Lunch Menu

Week 2

MON

TUE

WED

THU

FRI

JACKET POTATO (V)  
-  
FILLINGS: BAKED  
BEANS/CHEESE/  
SWEETCORN/ TUNA/  
SALAMI

CHICKEN CURRY  
-  
GREEN BEAN CURRY  
(V)  
-  
BOMBAY POTATOES  
(V)  
-  
PLAIN RICE (V)

PENNE BOLOGNESE  
-  
TOMATO PENNE  
PESTO (V)  
-  
CHEESE GARLIC  
BREAD (V)

BURRITO WRAP  
(LAMB OR QUORN  
MINCE)  
-  
MEXICAN SPICE  
COUSCOUS  
(V)

BATTERED COD  
FILLET  
-  
VEGGIE FINGERS  
-  
CHIPS

FRUIT

CAKE AND  
CUSTARD

FRUIT

PUDDING

FRUIT



## SALAD BAR

TOMATO, CUCUMBERS, LETTUCE, SWEETCORN, MIXED STEAMED VEGETABLES, OLIVES, HUMUS, GUACAMOLE, MIXED PICKLES, PASTA, KISIR, SARMA (MINIMUM OF 5 OPTIONS WILL BE AVAILABLE DAILY)



“

FRESH FOOD IS  
PREPARED DAILY, WITH  
THE MENU CHANGING  
EVERY WEEK ON A  
TWO-WEEK BASIS

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