



Monday 27th November - Spanish Week, Odd Socks Day
 Monday 27th to Friday 1st December - Prep Anti-bullying week
 Wednesday 29th November - U14 Boys Football v Lycee International (7 aside)
 Thursday 30th November - Prep school parents evening (3:50pm-7pm)
 Tuesday 5th December - Year 11 Parents Evening 4.30pm
 Wednesday 6th December - Open Morning (9:00am - 11:00am)
 Thursday - 7th to 15th December - Hanukah Jewish Holy Day
 Thursday 7th December - Christmas Jumper Day & Concert (7:00pm)
 Sunday 10th December - Winter Fair
 Monday 11th December - Christmas Concert (2:30pm)
 Friday 15th December - Half Day (End of term)

Ofsted Inspection



I am pleased to inform you that we have received the final report for Ofsted's 2-Day-Long Inspection, and I am delighted to share that the school has met the Independent School Standards requirements as well as the National Minimum Standards for Boarding Requirements

outlined in the report. The recent Inspection has substantiated that the school is fully compliant. Success is a collaborative effort, a culmination of dedicated hard work. For an extended period, teachers, administrators, support staff, parents, proprietors, and students at North London Grammar School have operated as a cohesive team, achieving success through harmonious collaboration. Our heartfelt gratitude goes to all who have played a part in this achievement. With resolute determination, we will persist in our journey, confident that further significant successes lie ahead. You can see the full report here: <https://northlondongrammar.com/ofsted-report/>

You can find some highlights from the report here:

- In each subject, there are detailed schemes of work that identify clearly what pupils need to know. The curriculum is broken down into manageable steps so that pupils learn ideas securely before moving on to deeper learning.*
- The revised curriculum takes account of pupils' needs and aptitudes effectively.*
- This inspection finds that the school's safeguarding arrangements are effective.*
- Pupils were unanimous that they feel safe in school.***
- The school's procedures for promoting good behaviour are robust.*
- This inspection finds that leaders, including the proprietor and governors, meet their statutory duties consistently.*
- All governors carry out their responsibilities consistently, including promoting the wellbeing of pupils.*

Once again, I want to express my gratitude for your unwavering support throughout this process. It is through the collaborative efforts of our dedicated staff, students, and parents that we continue to uphold the high standards of North London Grammar School.

Thank you once again for your continuous support.

H. Fatih Adak, Headteacher

Prep History Week



It's been a busy week with our History Week event in Prep. To help our students visualise important events and people from history, our teachers included exciting activities in this week's lessons, such as a trip to the National Archives and a history costume Children were encouraged to dress up as a historical figure of their choice and prepare a presentation to share with their class. Our History Week proved to be an amazing opportunity to teach our children



about history in a fun and engaging way. The Prep School students learned about different historical figures and periods through various activities and presentations.



Boarding Life



Our boarding students enjoy a well-structured schedule aimed at fostering both academic excellence and life skills.

On weekdays, after returning from school, students are greeted with snacks and tea.

A one-hour break precedes the 5:00 to 6:00 pm Prep Time (study time). Dinner is served at 6:00 pm, followed by an additional Prep Time later in the evening. This ensures a balanced routine, allowing students 30 minutes of reading time every day to rest and prepare for the next school day.

Weekends are a blend of activities and focused study. Saturdays are dedicated to engaging activities, while Sundays provide an opportunity for Prep Time and catching up on homework. Bi-weekly trips around London and occasional day trips to other UK cities offer students a chance to immerse themselves in the vibrant British culture.

TERM DATES



**Student Academic Year
2023 – 2024**

Autumn Term 2023

Autumn/1

Thur, 07th Sept – Friday, 20th October

Half-Term Break

Saturday, 21st Oct – Sunday, 5th Nov

Autumn/2

Monday, 06th Nov – Friday, 15th Dec

Christmas and New Year Holiday

Saturday, 16th Dec – Wedn, 3rd Jan

Spring Term 2024

Spring/1

Thursday, 4th Jan – Friday, 9th Feb

Half-Term Break

Saturday, 10th Feb – Sunday, 18th Feb

Spring/2

Monday, 19th Feb – Thur, 28th March

Easter Holiday

Friday, 29th March – Tue, 16th April

Summer Term 2024

Summer/1

Wedn, 17th April – Friday, 24th May

Half-Term Break

Saturday, 25th May – Sunday, 2nd June

Summer/2

Monday, 3rd Jun – Wednesday, 10th July

Summer Holiday

Thursday, 11th July onwards

Thought of the Week

**"Be the change that
you wish to see in the world."**

Mahatma Gandhi



School Gallery



Diwali Staff
Well-Being,
15th
November
2023



Wonderful Board by Prep Team



Children In Need

We've raised
£199.45



In a recent school assembly, Year 10 students passionately elucidated the significance of supporting the Children In Need initiative, organized by the BBC on the 17th November 2023. The informative session shed light on the vital role this charity plays in improving the lives of disadvantaged children. The students eloquently articulated the school's commitment to making a positive impact and fostering a sense of social responsibility within the student body. Their compelling presentation not only raised awareness about the Children In Need organisation but also inspired fellow students to actively contribute to this noble cause. It was a heartening display of our school community coming together to make a difference in the lives of those in need. Such initiatives underscore our dedication to instilling values of compassion and empathy in our students.

Teacher Training



We conducted a comprehensive teacher training session on November 22, 2023, led by Mrs Dhrona. The session covered essential

aspects of school management and student well-being, addressing topics such as Safeguarding, Attendance Management, Behaviour Management, and Careers Guidance. Mrs Dhrona emphasized the school's commitment to creating a secure and nurturing environment. The training also focused on clear communication through **reporting**, ensuring **effective collaboration** between teachers, parents, and the school administration. The session highlighted the dedication to addressing any gaps in student learning promptly, particularly regarding "**Children absent from and missing education.**" Additionally, insights into a **lateness matrix** were provided, offering a structured approach to manage and address tardiness.

The training also extended its focus to **Filtering and Monitoring** on the internet, shedding light on the importance of ensuring a safe online space for our students. The training served as a valuable opportunity for professional growth and enhanced collaboration among NLGS educators.

Boarding Audit

We underwent a friendly boarding governors' audit led by the SLT on November 18, 2024. This thorough evaluation covered every aspect of our boarding facilities, ensuring the highest standards of care and support for our students. From accommodations to recreational spaces, the scrutiny was meticulous, reaffirming our commitment to excellence. We believe in continual improvement and providing an enriching experience for our boarders. Importantly, this audit was conducted collaboratively by the SLT and the boarding governors, reflecting our commitment to transparency and shared responsibility in enhancing our boarding facilities.



1-to-1 Music Tuition

Registration is open for one-to-one instrumental and vocal music lessons at North London Grammar School and Prep School via Barnet Education Arts Trust (BEAT) for the upcoming Spring Term. Current students need not reapply; they will automatically continue with BEAT. Confirm applications upon receiving a BEAT email and ensure timely payment. Available instruments include piano, guitar, violin, and voice, with additional options available through Mrs. K Morgan. Apply by December 4th; the online system closes until the summer term after Easter.

For assistance, contact Mrs. K Morgan at k.morgan@northlondongrammar.com or reach out to BEAT directly. Don't miss the deadline for this enriching musical opportunity!

Year 11 Mock Exams Update

Exciting times at North London Grammar School as the Year 11 Mock exams conclude! Results and predicted grades will be in the hands of our diligent students on Wednesday, 29/11/2023.

In the meantime, our students are immersed in the crucial process of applying to Sixth Form colleges. Utilizing form time and career services, they're navigating this significant step towards their academic future.

For any queries regarding college applications, please direct your questions to Ms Wise or Mr Gokcel. Your continued support in guiding our students through these pivotal moments is truly appreciated.

Year 5 Trip to The Royal Observatory



Year 5 recently enjoyed an educational excursion to the Royal Observatory in Greenwich, the 23rd November 2023, marking the beginning of their 'Earth and Space' unit in Science. The trip provided a unique opportunity for students to delve into the mysteries of the universe through an immersive planetarium show. They gained valuable insights into the relative sizes and distances between planets, moons, and the Sun.

The visit was not only informative but also hands-on, allowing students to explore the Prime Meridian, a crucial north-south line selected as the zero reference line for astronomical observations. This experience not only enhanced their understanding of celestial bodies but also offered a tangible connection to the scientific principles they are studying in class.

Compulsory Work Experience:

Exciting news! NLGS is organising a compulsory work experience programme for **Year 10** in the **Spring term**. This invaluable opportunity allows students to gain practical insights into the professional world. We encourage discussions with your child about interests and potential placements. A Unifrog workshop equipped students with tools for CV and cover letter preparation. For Unifrog support, contact Mr Gokcel at m.gokcel@northlondongrammar.com. We appreciate your support in shaping your child's educational journey. Contact fatema.asaria@northlondongrammar.com with any queries.

NEED TO KNOW

Staff-Wellbeing

Theme: Healthy Eating

Date: the 22nd November 2023



SCREEN TIME:

Recommended limits for kids

UNDER 2 YEARS OLD

Zero screen time, except for video chatting with family or friends

2-5 YEARS OLD

No more than one hour per day co-viewing with a parent or sibling

5-17 YEARS OLD

Generally no more than two hours per day, except for homework

OSF HEALTHCARE



Too much screen time can be linked to:

- **Obesity:** Increased risk with more TV/video exposure, especially if a child has electronic devices in their bedroom. Advertisements can contribute to a preference for unhealthy food, leading to overeating.
- **Irregular Sleep:** Prolonged screen time linked to difficulty falling asleep and irregular sleep schedules. Sleep loss can result in fatigue and increased snacking.
- **Behavioural Problems:** Children spending over two hours daily on screens may experience emotional, social, and attention issues. Video game exposure is associated with a higher likelihood of attention problems.
- **Impaired Academic Performance:** Elementary students with screens in their bedrooms tend to perform worse on tests compared to those without.
- **Violence:** Excessive exposure to media violence can desensitize children, potentially normalizing violent behaviour as a problem-solving method.
- **Less Time for Physical Play:** Excessive screen time limits opportunities for active, creative play crucial for a child's development.

Parents are encouraged to monitor and limit their child's screen time, discussing the importance of a balanced lifestyle with reduced sedentary activity and increased movement. Establishing clear screen time rules and explaining consequences for non-compliance can contribute to a healthier lifestyle for children.

NEED TO KNOW

Pedestrian Door



Pedestrian Entrance Advisory: When arriving at school on foot, kindly use the pedestrian door for a seamless entry experience. There is a buzzer next to the Pedestrian Entrance for calling the school receptionist

Gentle Operation: The pedestrian door opens gradually; please refrain from physically engaging with it to ensure the smooth functioning of the automatic system.

Vehicle Entrance Caution: If you are not coming by vehicle, please avoid using the vehicle entrance and use the designated pedestrian entrance for convenience and safety. Your cooperation ensures an efficient and secure entry process for all.

National Archives Trip - Prep Students

the 22nd November 2023



My team possessed a millennium-old book from the Middle Ages, containing diverse writings, with some of the ink on its pages faded. Notably, the margins featured drawings of a polar bear gifted to King Henry III in 1252, which was known to swim in the Thames! - **Jaimin, Year 3.**

At the National Archives, there exists a vast room encompassing 12 million document boxes, equivalent in size to 16 football pitches. Engaging in a workshop, we had the opportunity to explore numerous original treasures from bygone eras, identifying and describing these items. Subsequently, we sketched our chosen treasures, providing reasons for their significance. - **Ben, Year 4.**

It proved fascinating as we examined numerous well-preserved ancient artifacts. Analyzing images, we deduced their nature and estimated their origins. Capturing moments from the past, we observed photographs featuring suffragettes Evelyn Manesta and Lillian Forester, both instrumental in advocating for women's rights. Their activism, including the notable incident of damaging an art gallery in Manchester, marked a courageous stance for the cause. **Cila, Year 5.**

Our focus shifted to tally sticks used for monetary counting in the 13th Century. Resembling wooden knives, these sticks were crafted from willow trees. The intriguing practice involved cutting the stick in half as a receipt when purchasing an item. To verify a return, the two halves of the stick were rejoined. - **Faisal, Year 6.**

Water Facts



Importance of Water: Water is essential for our well-being, supporting vital bodily functions such as nutrient transportation, waste elimination, joint protection, and temperature regulation.

Beverage Choice Matters: Opt for water as your primary beverage to maintain health. Steer clear of sugary alternatives like soda or juice, known for their high-calorie content.

Personalized Hydration Goals: General recommendations suggest 13 cups for men, 9 cups for women (2 liters), 10 cups for pregnant women, 12 cups for breastfeeding women, and 6-8 cups for kids and teens, with adjustments based on individual factors.

Natural Sources of Hydration: Consuming water-rich fruits and vegetables aids in meeting daily hydration goals. Seek guidance from your doctor or dietitian for personalized recommendations.

Debunking Sports Drinks: While advertised for intense exercise, sports drinks, rich in electrolytes and sugars, are typically unnecessary for non-athletes.

Word Millionaire Achievements: Celebrating Reading Milestones!



We are thrilled to share the latest accomplishments in our Word Millionaire initiative, an inspiring programme that encourages a love for reading and healthy competition among our students.

How It Works:

When a student completes reading a book, they undertake a quiz on Accelerated Reader to assess their comprehension. To successfully pass a quiz, children must achieve a minimum of 80% accuracy. The words read are then meticulously counted and compiled throughout the academic year.

Becoming a Word Millionaire:

Our students are enthusiastically striving to become Word Millionaires! The achievements are announced during our school assemblies, where students eagerly move their names on the Word Millionaire display located in the library.

Fostering a Love for Reading:

This initiative not only promotes healthy competition but also instils a genuine passion for reading. The unique aspect of the programme lies in the fact that words are only counted when students successfully pass a quiz. This encourages them to immerse themselves in the joy of reading and enjoy their books rather than merely accumulating points.

Happy Reading!

The World Scholar's Cup Presentation



Rachel Lines from the World Scholars Cup recently presented details on the 24th November 2023 about the upcoming Spring 2024 competition. We're urging Scholars Club members to participate in teams or individually. The competition includes debating, writing, and quizzes, offering a chance for students to showcase their skills and foster healthy competition. Stay tuned for more details on registration and how your child can get involved. Thank you for supporting our students in these enriching opportunities.

Maths Inspiration Programme



We were delighted to participate in the Maths Inspiration programme, a national initiative that offered interactive maths lecture shows for 14-17 year-olds. This engaging programme went beyond exams, showcasing the diverse and exciting facets of mathematics. Students had the unique opportunity to witness live presentations from some of the UK's most inspiring maths speakers, exploring real-world applications of mathematics. It was a fantastic chance for our students to deepen their appreciation for the subject and discover its relevance in captivating contexts. We hope our students enjoyed and benefited from this enriching experience!

Maths Week Assemblies

22nd November 2023



24th November 2023



Two of our maths teachers, **Mr Zeren** and **Mr. Lafcioglu**, recently delivered captivating presentations at North London Grammar School. Mr. Zeren delved into the fascinating realm of "Famous Numbers," eloquently exploring the history of mathematical milestones such as Pi, and unraveling the intricacies of Radius and Diameter formulas. The students were engrossed in this enlightening journey through the mathematical timeline, fostering a deeper appreciation for the beauty and importance of numbers in our world.

During a special assembly for Maths Week, Mr. Lafcioglu fervently highlighted the profound significance of mathematics. He passionately emphasised the crucial role digits play as indispensable shortcuts in our daily lives, encouraging students to embrace the subject with enthusiasm. His engaging session aimed to cultivate a deeper appreciation for the subject, inspiring a collective celebration of the power that numbers hold in shaping our understanding of the world.

Safeguarding Audit



Education Child Protection (ECP) conducted a thorough Safeguarding Audit at North London Grammar School on 24th November 2023. The audit encompassed various facets of school life, including observing student arrivals, engaging with the Headteacher/DSL, conducting a site walk, and holding discussions with the Safeguarding Governor. Additionally, representatives from academic, pastoral, and support staff were consulted, ensuring a comprehensive understanding of the school's safeguarding measures.

The involvement of students in the process reflects a commitment to fostering a safe and secure learning environment. The results of this audit will undoubtedly contribute to the continuous enhancement of safeguarding practices at the school.



UKMT Senior Challenge Results



First Name	Last Name	Certificate
Yacob	Chan	Silver
Nathan	Ko	Silver
Kroni	Kozhani	Silver
Orhan	Sengel	Silver
Aadith	Ajay	Bronze
Ihsan	Urker	Bronze
Abdallah	Nassim	Bronze
Jumana	Alturfi	Bronze
Omer	Acik	Bronze
Ryan	Mansoor	Bronze
Bengisu	Misirlioglu	Bronze
Rana Zeynep	Zerenturk	Bronze

Our Silver Medalists, representing North London Grammar School, showcased exceptional talent at the exclusive Andrew Jobbings Senior Kangaroo, an invitation-only competition. Despite being among the youngest participants, they demonstrated remarkable skills. Although they didn't secure a medal on this occasion, their commendable performance has filled us with pride. Competing against A-level students, their courage and determination were truly commendable. We believe this experience will serve as a stepping stone, and we are confident that they will ascend the ranks in the next two years.

Game 24



As part of the Mathematics Week activities, students competed by playing Game 24 on 21st November 2023. They attempted to achieve the number 24 by performing the four basic arithmetic operations using each of the four randomly given numbers exactly once. In this way, the students not only had fun but also learned a game that helped them improve their mental arithmetic skills.

Visitors from China



We were delighted to extend a warm welcome to distinguished visitors, comprising headteachers and PE educators from a diverse array of primary and secondary schools. Facilitated by the esteemed Director of the Department of Education in **Nanjing City, Jiangsu Province, China**, this visit was a significant step towards fostering international collaboration in education.

The focal point of their visit, which took place on 23rd November 2023 was an enriching session in our PE Department, where a fruitful exchange of insights took place regarding the intricacies of conducting physical education lessons. The highlight of the day was the observation of a live PE class, providing our guests with a firsthand experience of our teaching methodologies and strategies.

This cross-cultural engagement not only strengthened ties between our institutions but also served as a valuable platform for sharing best practices in PE education. Such global exchanges contribute immeasurably to the enhancement of educational practices and the enrichment of the overall learning experience for our students. We look forward to more opportunities for collaboration and learning from our esteemed international counterparts.



Full Governing Body Meeting



We held a Full Governing Body meeting on November 18th. Key agenda points included discussions on Pastoral and Safeguarding, Teaching and Learning, and Behaviour. The Headteacher presented a detailed Headteacher's Report, providing valuable insights into our school's progress. Your dedicated governing body is actively engaged in shaping the future of our school. Thank you for your continued support.

Diwali Corner



In a celebration of cultural richness, we arranged a vibrant Diwali Corner on 13th November 2023 for our cherished students and staff. Last week, we presented an array of Diwali-themed items, creating a festive atmosphere that resonated with the spirit of the occasion. The Diwali Corner was a tremendous success, bringing together our diverse community to share in the joy and warmth of this festival of lights. Thank you for being part of the celebration at North London Grammar School.

Student Council Meeting

In a recent initiative led by our dedicated Student Council members at North London Grammar School, a comprehensive survey on school lunches was conducted to gather valuable insights from our student body. The results of this survey were thoughtfully deliberated upon in a meeting with Mrs Dhrona, our esteemed Deputy Head. Mrs Dhrona will be presenting and discussing the survey findings in the upcoming Senior Leadership Team (SLT) meeting. This collaborative effort showcases the proactive approach of our students in contributing to the continuous improvement of the school experience.



Sauren Singh: ISA National Swimming Finalist



In a thrilling announcement, Sauren Singh, an accomplished Year 10 student at North London Grammar School, has not only qualified but also secured the opportunity to represent NLGS in the upcoming ISA (Independent School Association) National Swimming Finals as a vital member of the London North Region. This impressive accomplishment underscores Sauren's unwavering commitment and outstanding skills in the pool. The NLGS community warmly congratulates Sauren and extends heartfelt best wishes as he gears up for the prestigious finals. We eagerly anticipate cheering him on in the upcoming competition. Well done, Sauren, on this remarkable achievement!

Building Connections Over Afternoon Tea with SLT



We organized an **Afternoon Tea with SLT** (Senior Leadership Team), held on the 21st of November 2023. The event served as a wonderful opportunity for parents to engage with the SLT in a relaxed, welcoming as well as casual setting. Our primary goal was to strengthen the bonds between the school and parents, fostering open communication and collaboration.

Parents had the chance to connect with key members of the SLT, sharing thoughts and ideas over delightful tea and refreshments. This initiative aligns with our commitment to creating a supportive community where every voice is valued.

The Afternoon Tea provided an informal platform for parents to discuss various aspects of school life, from academic matters to extracurricular activities. The exchange of insights during the event contributes to our shared vision of providing the best possible educational experience for our students.

Diwali Staff-Wellbeing



We recently had a delightful Staff-Wellbeing day at North London Grammar School on 15th November 2023, embracing the vibrant spirit of Diwali. Our dedicated teachers came together to celebrate this festival of lights, enjoying a festive spread that included Indian delicacies such as laddu, Aloo tikki, kaju katli, jalebi, barfi and more. The day was filled with joy and camaraderie as our staff shared laughter and the delicious treats. This special occasion allowed our teachers to unwind, connect, and experience the cultural richness of Diwali. As we continue to foster a supportive and inclusive school community, such events play a crucial role in promoting staff well-being. Thank you to all our teachers for making the Staff-Wellbeing day a memorable celebration of Diwali.

HAPPY

Diwali



Prep Parents Evening:

NEED TO KNOW!

Mark your calendars for the upcoming Prep Parents Evening on **Thursday, 30th November 2023**. It's an invaluable opportunity to connect with your child's teachers, discuss their progress, and gain insights into their academic journey. We encourage all parents to participate actively and engage in meaningful conversations. Your involvement plays a crucial role in supporting your child's educational development.



NLGS win 3-0



In an exhilarating match against **Saracens High School** at Barnet Copthall playing fields, our Year 7 football team showcased outstanding skill and determination. Nerves and excitement filled the air as I took on the role of goalkeeper. **Abraham** netted the first goal, setting the tone for a victorious first half. A near miss for a second goal followed, sparked by a powerful kick up the pitch. The momentum continued in the second half with **Marti** and **Abraham** securing additional goals. A standout moment for me included a swift chest block and expertly parried save. Honoured to be named Man of the Match by Mr Fernandes, pride filled the air after a remarkable team performance.

Suleiman, Year 6

6-6 Draw in a Spectacular Match - NLGS vs Lycee International De Londres Winston Churchill



The team's match unfolded with an initial struggle, conceding three goals, but a determined effort led to a halftime score of 3-3. Despite facing misfortune and falling behind 6-3, a remarkable turnaround ensued.

Muhammad's quick play and strategic goals, along with contributions from JJ and Abraham, resulted in a thrilling last-minute comeback, concluding the match in a jubilant 6-6 draw.

Muhammad Umar, Year 8

NLGS vs Wetherby 3-0

On November 14th, NLGS faced **Wetherby Senior School** in a mixed-year football match. The boys, a combination of Year 8 and Year 9, were eager to win. After changing and having lunch, the team headed to the match destination, discussing tactics during the journey. The game started positively for NLGS, scoring within the first two minutes and maintaining solid defense throughout. Another goal before half-time brought the score to 2-0. The second half continued with the same intensity, resulting in a penalty awarded to **NLGS**, which was successfully converted, concluding the match with a 3-0 victory. The team returned to school in high spirits after a successful game.

Ador, Year 8

Breaking Down Barriers: The Bond Between Prep and Secondary School



We're excited to share the unique advantages of having both Prep and Secondary School on our premises. This setting has cultivated a strong bond between students, particularly with Secondary School students actively supporting their Prep School peers. Through a preplanned schedule, Secondary School students assist in the Prep School students' readings, creating a nurturing environment. This cross-level interaction not only benefits academic enrichment but also builds a sense of community and mentorship within our school.



Basketball Club

The Basketball Club at North London Grammar School is in full swing, with students training hard and gearing up for their upcoming interschool matches. Their dedication and teamwork shine through as they prepare to showcase their skills on the court. Supporters are encouraged to cheer them on during these exciting matches, and updates will be shared on social media.

Cultural Exchange



We recently welcomed students from **Moldova** between 13th and 17th November as part of our student integration programme.

This initiative facilitated a rich cultural exchange as our guests actively participated in lessons alongside NLGS students.

This engagement not only enhanced their academic experiences but also fostered a deeper understanding of British Values.

The exchange was a two-way learning street, where students from both countries shared insights, fostering global perspectives and friendship.

DofE Student Experiences

In our recent Duke of Edinburgh (DofE) program update, our students shared valuable insights into their experiences.

From triumphs to lessons learned, they highlighted what went well, crucial do's and don'ts, providing a wealth of knowledge for future

participants. Their reflections offer a unique perspective on navigating challenges and seizing opportunities during DofE journeys. This shared wisdom will undoubtedly benefit upcoming



students, guiding them on a path of success and resilience. We encourage parents, guardians, and students to delve into these reflections, fostering a sense of camaraderie and shared growth within our school community.

North London Grammar and Prep School

Open Morning
6th December 2023
9:00am
11:00am

SCAN ME

www.northlondongrammar.com

ISA INDEPENDENT SCHOOLS ASSOCIATION

@nlondongrammar

Medical Room Location:

- The medical room is situated in reception within the school office.
- Staffed during school hours by a First Aid trained Medical Lead and supported by staff first aiders.



Student Illness Protocol:

- If a student feels unwell during class, they can seek permission from their teacher to visit the medical room.
- Assessment and necessary medical treatment will be provided.
- If sending the student home is required, a staff member will contact the relevant parent/guardian.

Communication Guidelines:

- All communication with parents/guardians must go through the school, not directly with the child.
- Students should not use mobile phones during school hours, aligning with the school's mobile phone policy.

Medication Administration:

- Prescription and non-prescription medicines are administered only if essential during the school day.
- Written parental permission via a signed consent form is required.
- Medication must be in its original packaging, labeled as dispensed by the chemist.

Carrying Medication:

- Pupils are not allowed to carry medication, except for emergency cases (e.g., Insulin, Inhalers).
- Parents/carers are requested to provide spare emergency inhalers or Insulin for the medical room.



Join the Festive Fun at Our Winter Fair!

Organized by PA
North London
Grammar and Prep School

WINTER FAIR

RAFFLE PRIZES TO BE WON

1ST PRIZE
SAMSUNG GALAXY TABLET

2ND PRIZE
SKULLCANDY WIRELESS HEADPHONES

3RD PRIZE
£50 MUSIC VOUCHER - EBONY & IVORY
AND MANY MORE FANTASTIC PRIZES TO BE WON !!

RAFFLE TICKETS £1

SUNDAY 10th DECEMBER
11.00am - 3.00pm

FREE ENTRY!

(Cash only. Tokens can be purchased at the door.)

REINDEER RODEO RIDE

DJ | VIDEO GAMES ROOM | CHOCOLATE FOUNTAIN | FANTASTIC INDOOR GAMES | ART & CRAFT | HENNA & FACE PAINTING | HOT DRINKS & FOOD STALLS | REFRESHMENTS | AND LOTS MORE.....

This Winter Fair promises to be an exciting event filled with fun activities, delicious treats, and fantastic prizes.

Raffle Donations: We kindly request parents to contribute to the success of our Winter Fair by donating items for the raffle. Whether it's a festive hamper, a handmade craft, or any other delightful item, your generous donations will go a long way in making the event memorable.

Raffle Tickets: Get ready for a chance to win some incredible prizes! Raffle tickets are available for purchase at just £1 per ticket. The more tickets you buy, the greater your chances of winning these fantastic prizes.

Winter Fair Highlights:

- Exciting Raffle with amazing prizes
 - Delicious treats and festive snacks
 - Fun activities for students of all ages
 - Community spirit and festive cheer
- To donate items for the raffle or purchase your raffle tickets, please contact Mrs Patel in the admission office.

Let's come together to celebrate the joy of the season at this Winter Fair.

We look forward to seeing you there!

CAKE Sale

28TH NOVEMBER

BREAK TIME
10:30 - 10:50 (PREP)
11:20 - 11:40 (SECONDARY)



Cake Sale

Exciting news! **The Parent Association** is gearing up for a delightful initiative to boost funds for our upcoming Winter Fair—the much-anticipated Cake Sale. We invite the students to join this scrumptious endeavour by recommending our mouthwatering cakes to your children. Every purchase not only satisfies the sweet tooth but also contributes directly to making the Winter Fair a resounding success. Your support ensures a memorable and festive event for all. So, let's come together, encourage our little ones to indulge, and make this Winter Fair the highlight of the season.

Advance notification for the appointments:

Dear Parents/Guardians,

If your child has any upcoming appointments, we kindly request that you notify Ms Rodriguez (Alison) in advance in writing. This proactive communication is essential for us to make necessary arrangements and ensure that your child's academic routine is minimally disrupted.

Contact Information for Ms Rodriguez:

- **Email:** alison.rodriguez@northlondongrammar.com
- **Phone:** +44 (0) 208 205 0052

Thank you for your understanding and cooperation. We greatly value your partnership in fostering a positive and efficient learning experience for our students.



TIPS TO SUPPORT SUCCESSFUL HOME - LEARNING

Check up their homework

Encourage your child to follow the homework schedule provided by the school.

Check and sign their planner, if there is no homework, this time should be used for revision.



Regular exercise

Ensure your child has some exercise/ walks in the fresh air during study routines.

Exercise helps the heart pump more oxygen rich blood around the body as well as releasing endorphins. This will help them improve immunity, memory and mood.



Having a good sleeping routine

Ensure your child has a good sleeping routine with 8-10 hours sleep to help them maintain concentration both in lessons and during extra home learning/revision.

It is good to ensure that they stop watching tv/ use of their mobile phone/ computer (anything emitting blue light) at least one hour before sleeping to ensure healthy deep sleep. This will help them improve memory and mood.



Give them support.

Have regular chats with your child. Reassure them that you are there to help them succeed.

It is ok not to be ok. Show love, empathy and understanding towards their problems. Help them to break down big tasks into smaller ones, everything is possible! Get in touch with the school if you need further support- we are here to help you if you need us.



Having a revision timetable

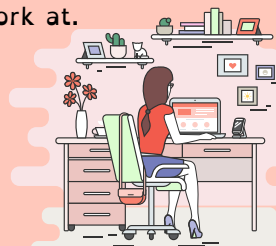
Sit down and ask your child if they have made a revision plan. Note important deadlines. Take a copy and help them stick to the schedule. Always ensure they have short breaks in between study sessions.



A perfect place to study

Ensure your child has a study zone in your home. This is a quiet place with no phone, television or music. This place will have good lighting and a comfortable chair with table to work at.

This will be an area of minimal distraction with space for their books and stationary.



Eating Healthy

Ensure your child has healthy eating habits. Build a good routine encouraging them to eat breakfast, lunch and dinner. Try to avoid too much chocolate, crisps or fast foods.

Also encourage them to drink water instead of caffeine or fizzy drinks/ juices. This will help them improve immunity, memory and mood.

