



- Monday 13th November - Spanish Week
- Friday 17th November - Children in Need Assembly
- Tuesday 21st November - Afternoon tea with members of SLT. All the parents are invited
- Monday 20th November - Maths Week
- Tuesday 21st November - Whole Prep Trip to National Archives
- Thursday 23rd November - Year 5 Science Trip (Planetarium Trip)
- Tuesday 21st November - U14 Basketball v The Totteridge Academy
- Wednesday 22nd November - STEM Careers Trip to RAF
- Thursday 23rd November - U12 Boys Futsal v Lycee International
- Friday 24th - November Dodgeball Year 7/8

## Message from the Headteacher

Dear Parents and Guardians,  
I am delighted to share some exciting updates and news from North London Grammar and Prep School.

Our school has been working diligently to enhance our curriculum, and as a result, we have introduced or restructured a number of lessons, including Physical Education, clubs, PSHE, Mandarin and LAMDA. Additionally, we have introduced clubs within the school day, ensuring that every student benefits from extra curricular opportunities. This initiative has been met with great success, particularly with Model United Nations (MUN) and the Duke of Edinburgh Award (DofE), where our students have achieved notable accomplishments. I'm proud to announce that our students have earned numerous medals in the United Kingdom Mathematics Trust (UKMT) competition, showcasing their dedication and talent in mathematics.

We are excited to invite you to our upcoming Coffee Afternoon on the 21st November.

I would also like to extend my best wishes to the new Parent Association (PA) members. Your contributions to our school community are highly valued, and we look forward to working together to make our school even better. As we transition into the winter season, we warmly invite you to our Winter Fair on the 10th December, which is organised by the Parent Association. This will be a wonderful opportunity for our school community to come together and enjoy some festive activities. Please join us for a fun and heartwarming time.

We are excited to invite you to our upcoming Coffee Afternoon on the 21st November.

In the midst of all this, our Year 11 students are currently sitting their Mock examinations and applying for their 6th form colleges. We wish them the very best as they take these important steps towards their future. In addition to our academic successes, we observed Black History Month to celebrate and acknowledge the contributions of Black individuals throughout history. Lastly, I'm thrilled to announce that North London Grammar and Prep School is now an associated member of IGO Europe. This is a significant achievement for our school, and it opens up exciting opportunities for international collaboration.

H. Fatih Adak - Headteacher

North London Grammar and Prep School

**Open Morning**  
6th December 2023  
9:00am - 11:00am

SCAN ME

INDEPENDENT SCHOOLS ASSOCIATION

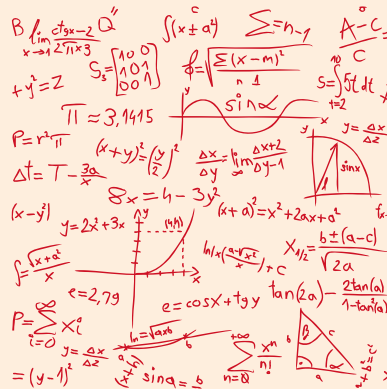
www.northlondongrammar.com

@nlondongrammar



## Challenge at $\pi$ LGS

The UKMT Senior Mathematical Challenge, primarily designed for students in Year 13 and below (mainly A-level students), recently took place at NLGS. It's a noteworthy accomplishment that, as younger participants of the challenge, 22 of our Year 11 students proudly represented our school.



Out of these, **4 secured silver medals** while **8 achieved bronze**. This remarkable achievement becomes even more impressive when considering these students still have two more years to compete in this challenge. We're confident in their potential to clinch gold medals in the upcoming years. A massive congratulations to our dedicated and brilliant students for their outstanding performance!

## PA Meeting



The Parents Association gathered to engage in a comprehensive discussion surrounding their agenda, with a particular focus on the upcoming Winter Fair. This vibrant meeting also delved into a variety of additional topics that are of significance to our school community.

The collaborative spirit and active participation of the attendees contributed to a productive and fruitful exchange of ideas and plans for the near future.

## Boarding Life



Playing football in MUGA



Birthday Celebration



Jumping Time :)

# TERM DATES



Student Academic Year  
2023 - 2024

Autumn Term 2023  
Autumn/1

Thur, 07th Sept - Friday, 20th October

Half-Term Break

Saturday, 21st Oct - Sunday, 5th Nov

Autumn/2

Monday, 06th Nov - Friday, 15th Dec

Christmas and New Year Holiday  
Saturday, 16th Dec - Wedn, 3rd Jan

Spring Term 2024  
Spring/1

Thursday, 4th Jan - Friday, 9th Feb

Half-Term Break

Saturday, 10th Feb - Sunday, 18th Feb

Spring/2

Monday, 19th Feb - Thur, 28th March

Easter Holiday

Friday, 29th March - Tue, 16th April

Summer Term 2024  
Summer/1

Wedn, 17th April - Friday, 24th May

Half-Term Break

Saturday, 25th May - Sunday, 2nd June

Summer/2

Monday, 3rd Jun - Wednesday, 10th July

Summer Holiday

Thursday, 11th July onwards

## Thought of the Week

"Believe you can and you're halfway there."

Theodore Roosevelt



# FOR OUR TOMORROW, THEY GAVE THEIR TODAY. WE WILL REMEMBER THEM.



*In a solemn and reflective atmosphere, North London Grammar and Prep School observed Remembrance Day with utmost respect. Our students united in a poignant moment of silence, dedicating two minutes to honour the sacrifices of those who served. An impactful assembly followed, where our History GCSE students took the stage to underline the significance of the 11th of November. They shared poignant memories of soldiers, explained the symbolism behind the poppy, and delved into the historical context of the war's commencement. It was a meaningful tribute, fostering a deep understanding of the importance of Remembrance Day in our history.*





# BOOKS RECOMMENDED FOR OUR PREP STUDENTS



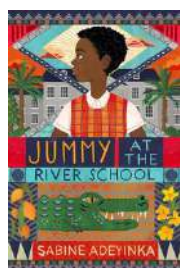
For Year 3

Welcome to The Nothing to See Here Hotel, a magical creature haven run by the Banister family. When the goblin prince Grogbah is set to visit, chaos ensues as they try to accommodate his demanding entourage. This whimsical series by Steven Butler, with illustrations by Steven Lenton, promises laughter and surprises.



For Year 4

As kids, Arthur and Rose found the imaginary world of Roar through a folding bed. At eleven, Roar seems like a distant memory until Grandad vanishes into the bed. Arthur questions if Roar is real in this humorous and imaginative tale of growing up.



For Year 5

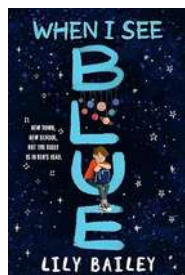
Jummy earns a spot at Nigeria's top girls' boarding school, the River School, despite her best friend Caro not joining her. The school is a dream come true with new friends, fun, and sports. However, when Caro arrives to work, not study, Jummy must rally her friends to assist her.



For Year 6

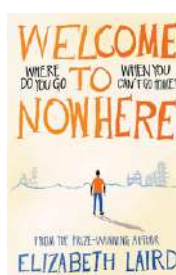
A mysterious bloodstained man halts their coach, and things only get stranger at the new Crater Lake activity centre. A school trip takes a terrifying turn, forcing five students to unite against a horrifying alien threat. They must stay awake at all costs to save their classmates from a fate worse than death.

# BOOKS RECOMMENDED FOR OUR SECONDARY STUDENTS



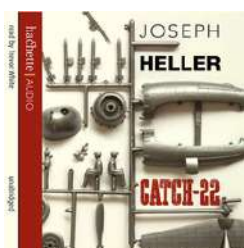
For Year 7

Ben, a 12-year-old facing the challenges of a new school, deals with an internal bully connected to his struggles with OCD. His coping methods involve counting to 4, tapping, or blinking. Amid family difficulties, Ben forms a meaningful friendship with April, aiming to confront and overcome the bully in his mind.



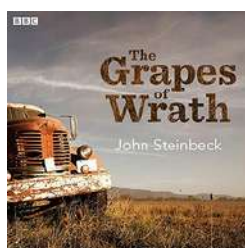
For Year 8

In the bustling city of Bosra, Syria, twelve-year-old Omar dreams of becoming a successful businessman. However, his life takes a drastic turn when his older brother, Musa, becomes involved with political activists, leading to chaos and war.



For Year 9

In Joseph Heller's 1961 novel, the focus is on Captain Yossarian, a rational man caught in the absurdity of military madness during World War II. Stationed in Italy, he navigates the dangers as a bombardier in the US Army Air Forces, with survival as his primary mission.



For Year 10

The Joad family, seeking a brighter future during the Great Depression, leaves their Oklahoma farm for the West. Along the way, they discover that countless others are also in search of hope. A violent incident forces them back on the road, crushing their dreams of a promised land.

**REMEMBER!!!**  
*Unlock the world's wisdom through reading. Books are the keys to knowledge, empathy, and personal growth. They fuel the mind, expand horizons, and sharpen your intellect. Embrace the power of reading, and you'll embark on a lifelong adventure that transforms your life*



For Year 11

Afghanistan, 1975: Twelve-year-old Amir is desperate to win the local kite-fighting tournament and his loyal friend Hassan promises to help him. But neither of the boys can foresee what will happen to Hassan that afternoon, an event that is to shatter their lives. After the Russians invade and the family is forced to flee to America, Amir realises that one day he must return.



# WINTER FAIR: 10th December, Sunday. 11 am to 3 pm

Everyone is welcome, the more the merrier! The Winter Fair really is the perfect way to get into the festive spirit and kick off your Christmas preparations. It's free to get in and feel free to get into the festive spirit. Whilst being part of this vibrant school as a student, a teacher or a parent, it is also a chance for us all to finally get together, celebrate and have some fun.

We have lined up an array of fun activities to cater to all age groups - the never-before video games stall, creative arts, henna, face painting, and teachers/parents v students games. There is delicious food to indulge including hot food, lots & and lots of cakes, cupcakes, hot chocolate and loads of other mouth-watering food and snacks. And the fun does not stop there, there are loads of prizes to be won in the raffle draw - get your ticket NOW! The top three prizes will blow you away...And wait, there is a live DJ on site to provide us a festive and fun ambience. We would love to have donations to make this event even more special and fun, and more importantly for all of you to join the occasion and celebrate together.



ORGANIZED BY PARENTS ASSOCIATION

To register for our Winter Fair please fill out the below form using the link <https://form.jotform.com/232972430620956>

North London Grammar and Prep School

## Afternoon Tea with SLT

21ST NOVEMBER 2023

3.20 PM  
4.20 PM

DINING HALL  
(Parking AVAILABLE via pick up / drop off area)

northlondongrammar.com

## Happy Diwali

May This Diwali Bring You Joy

North London Grammar and Prep School

northlondongrammar.com  
+44 (0) 208 205 0052  
@nlondongrammar

## NEED TO KNOW

### School Ties and Planners Available

We're here to assist NLGS & NLPS students with their essentials! If you've misplaced your **school tie** or need a fresh one, don't worry. School ties are available for purchase **at the reception** for just £10.00. Additionally, for those who've lost their **school planners**, you can get a replacement for £20.00. Feel free to visit us at the reception to ensure you're well-prepared for the school year ahead.

### Year 10 & Year 11 Interventions

During the half-term break, interventions for Year 10 and Year 11 focused on preparing students for GCSE exams. These sessions offered targeted support, reinforcing subject knowledge and enhancing confidence.







# LAMDA at NLPS



We are excited to continue offering the London Academy of Music and Dramatic Art (LAMDA) as a timetabled club at our school.

LAMDA is a renowned institution that specializes in drama, communication, and performance arts education. Thanks to the school's support, this invaluable program is available free of charge to our students in prep. LAMDA provides a platform for students to explore and develop their talents in acting, public speaking, and communication. Through various activities and exercises, LAMDA not only enhances their performance skills but also nurtures confidence, creativity, and eloquence. It is an opportunity for students to discover their potential and grow both personally and academically. We are proud to invest in our students' growth and provide this exceptional opportunity. This initiative aligns with our commitment to offering a well-rounded education that goes beyond the classroom. Stay tuned for more details, and ensure your child doesn't miss the chance to benefit from this incredible program, broadening their horizons and unlocking their potential in the world of performing arts.

## Wings of Hope



WOHAA engages students in years 9-11 in impactful fundraising projects for the Wings of Hope Children's Charity. Supporting education in India and Malawi, students benefit from mentorship, workshops, and events like Speed Mentoring. Notable speakers, including Lord Robin Butler and Michael Dapaah, inspire career development. Teams stand a chance to reach the semi-finals at the Houses of Parliament. With our school winning a trophy for two consecutive years and students becoming ambassadors, WOHAA not only raises funds but also equips students with essential skills, mentorship, and networking opportunities for personal and professional growth. This year, two groups are actively participating, contributing to earthquake relief in Marrakesh.

## OXFORD GLOBAL MODEL UNITED NATIONS



Our MUN team represented NLGS at the Oxford Global Model United Nations conference. The conference was a truly international competition as it hosted over 900 delegates from 22 countries. Through the three-day conference, our students engaged in debates concerning world peace, offered insights on ongoing conflicts, discussed global healthcare matters, including vaccines, technology, and women's participation, and addressed climate change. As delegates representing their respective countries, our students actively participated in this competitive and challenging environment, striving to secure prestigious awards. We extended our best wishes to them for a successful outcome at the conference.







## Active Learning

In a recent science class at North London Grammar and Prep School, students embarked from year 6 on an enlightening journey into the realm of microorganisms. Their exploration centered around the fascinating world of fungi, particularly yeast, and how it spreads in our environment, including the air and bread. During the session, students engaged in a hands-on experiment, which involved placing bread in various environmental conditions within Ziploc bags.

The aim was to investigate which conditions were most conducive to mold growth. This immersive experiment allowed students to witness firsthand how microorganisms, like mold, can thrive in different settings.

This captivating scientific exploration not only expanded the students' knowledge of microorganisms but also encouraged critical thinking and experimentation.

Science enthusiasts continue to foster their curiosity and understanding of the natural world.



## Navratri Festival

During our weekly prep assembly, the children learned about Navratri, a Hindu festival that began on Sunday. The festival lasts 9 nights and celebrates the power of the divine feminine. The story of the festival links beautifully with our school value of persistence, teaching the children about challenging stereotypes and never giving up.



## Yoga Club

Our students at NLPS had a Yoga club session, and they thoroughly enjoyed it. It was heartening to see them actively participating in this wellness activity. We believe that such events not only enhance their physical well-being but also promote mental relaxation. We are committed to providing a well-rounded education for our pupils, ensuring they have opportunities to engage in activities that nurture both their physical and mental health.



## Handball Club

Our students at North London Grammar School had a fantastic time at the handball club, showing their enthusiasm for sports and extracurricular activities. We encourage all students to explore such opportunities to enhance their skills and teamwork. It's heartening to see their active participation.



## Basketball Club

Basketball club members displayed their passion for sports and extracurricular activities. The basketball club is just one of the many exciting activities we offer here at NLGS, and it's heartening to witness our students' involvement and enjoyment.



# CULTURE DAY



In line with our overarching commitment to PSHE, on 20th October, NLPS students united in celebration of Culture Day. This special occasion encouraged our young scholars to delve into their own cultural heritage and craft presentations to share with their peers and fellow students, all while proudly donning traditional attire representative of their backgrounds. The students dazzled everyone with a captivating fashion show, parading in their magnificent cultural garments. The afternoon session was equally captivating, with dedicated educators and supportive parent volunteers leading interactive workshops. The children had the opportunity to delve into the vibrant culture of Turkmen, listen to enchanting tales in Yoruba, design their own carnival headpieces, discover noteworthy figures from Yorkshire, and even try their hand at the lively garba dance. The entire day was brimming with excitement and proved to be a deeply enriching experience for our students, fostering a sense of appreciation for the diverse tapestry of cultures that make up our NLGS&NLPS community.



## Value-Based Education

In our esteemed North London Prep School, we embrace a Value-Based Education approach. Each month, we focus on a specific core value, which is introduced during our assemblies. Every value is represented by a distinctive coloured bead, and it is also associated with a literary character who embodies that particular value.

Our dedicated educators closely monitor our students' progress, and when they believe a student has exemplified a value, they will be awarded a coloured badge, which can be proudly displayed on their

blazers. It's important to note that students have the entire academic year to attain these values; they are not limited to achieving them within the month they were introduced. For example, a student can achieve January's value in May, but they cannot achieve May's value in January. Students are eligible to receive their value badge at any point in the year.



### NORTH LONDON GRAMMAR AND PREP SCHOOL VALUES CALENDAR

#	↓ MONTH	↓ VALUE	↓ BOOK CHARACTER	↓ COLOUR
1	September	Persistence	Dobby	Blue
2	October	Empathy	Wilbur (Charlotte's Web)	Red
3	November	Collaboration	The Wizard of Oz characters	Yellow
4	December	Reflectiveness	Ebenezer Scrooge	Black
5	January	Curiosity	Alice in Wonderland	Pink
6	February	Originality	Willy Wonka	Green
7	March	Flexibility of Mind	Sherlock Holmes	Silver
8	April	Initiative	Alex Rider	White
9	May	Focus	Matilda	Purple
10	June	Risk Taker	Lyra Belacqua	Orange
11	July	Good Judgement	Aslan	Multicolour





## Promoting Peace Amidst the Israeli-Palestinian Conflict

In a recent assembly, Mr. Gokcel, our history teacher, addressed our students on the Israeli-Palestinian conflict. He emphasized the importance of understanding its complexity and highlighted unity, vigilance, and empathy. The speech discussed the conflict's painful history for both sides, emphasizing the need to avoid stereotypes and biased news. Students were encouraged to engage in open dialogues, support charities, and sign meaningful petitions. A moment of silence was observed to remember all civilians killed in the conflict.

Mr. Gokcel urged students to approach global issues with vigilance and empathy, working towards a harmonious world. It's essential to note that NLGS/NLPS is not part of the conflict and advocates for peace and understanding. Thank you for being part of our community; together, we make a positive impact.



As part of Black History Month, prep students have been learning about significant black figures from British History. Year 3 and 4 learnt about Mary Seacole, a nurse who helped during the Crimean War. They created quizzes about her life.

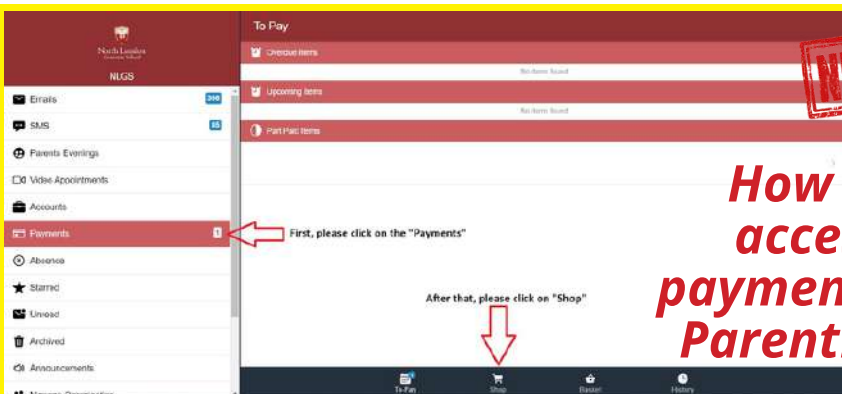
Year 5 learnt about Fanny Eaton, an inspiring model from the Victorian Era. They created information posters about her. Year 6 learnt about Lilian Bader, the first black woman to join the British Armed Forces.



## International Greenwich Olympiad

Mr Ali Lafcioglu, the coordinator for the International Greenwich Olympiad (IGO), delivered a thorough presentation on the IGO. During his address, he emphasized crucial aspects of the event, including specific dates, pertinent details, and avenues for teacher involvement. This comprehensive briefing offered valuable insights, ensuring that all stakeholders, particularly educators, can engage meaningfully with the IGO.

His dedication to providing clear and comprehensive information ensures that this event will continue to inspire and empower students and educators worldwide.



**NEED TO KNOW**

The **nasal flu spray** will be administered to students who have provided consent on the 16th of November. This preventative measure aims to support the well-being of our students during the flu season. If you have any concerns or questions regarding this administration, please feel free to reach out to us.



## Stand Up! Inspires North London Grammar School Students



North London Grammar and Prep School is committed to providing a top-tier education and nurturing environment for students to grow into responsible individuals. The Student Services department is instrumental in achieving this mission. They work tirelessly to ensure a supportive and inclusive learning environment, emphasizing values like tolerance and respect.

The school actively promotes British Values and the Equality Act (2010), collaborating with various organisations to reinforce these principles. Stand Up!, a noteworthy initiative, empowers students to combat discrimination, racism, antisemitism, and anti-Muslim hate. It stands out for its interfaith approach, with Jewish and Muslim facilitators challenging stereotypes and fostering unity.



## DofE - The Duke of Edinburgh's Award

Our students at North London Grammar School attended the Duke of Edinburgh Award program, and they thoroughly enjoyed it. The qualifying expedition was on 21-22 October. Students went to the Chiltern Hills where they had to trek with their equipment, food, and clothes for 8 miles a day, setting camp in their tents overnight and continuing their journey in the morning. Students had to navigate using maps and compasses.

They had the opportunity to make tents and explore the beauty of nature through long walks. This experience allowed them to develop valuable outdoor skills and appreciate the natural world. It was a memorable and educational adventure that enriched their lives. The DofE program not only challenged them physically but also fostered teamwork and problem-solving abilities. The students relished this hands-on experience, learning to pitch tents, navigate trails, and embrace the great outdoors.



## ARE YOU WORRIED?

All adults at North London Grammar care deeply about your health, safety, and well-being. We appreciate all children at our school, and we want to keep you safe and help protect your rights.

Keeping children safe is everyone's responsibility



Ms Dhrona  
Designated  
Safeguarding Lead  
Email: ldhrona@northlondongrammar.com



Mr Adak  
Deputy Designated  
Safeguarding Lead  
Email: fadak@northlondongrammar.com

All adults at school are trustworthy individuals with whom you can speak at any time; the staff listed below has been carefully trained to assist you and your family.



Mr Karatas  
Boarding Designated  
Safeguarding Lead



Ms Erdil  
Deputy Designated  
Safeguarding Lead





# Teenagers: The Critical Years

**The teenage years are frequently combative and difficult for parents to manage, especially around the ages of 14-16 as they push for independence.**

A little understanding can go a long way, which is why we've asked psychologist Anjula Mutanda to explain what's going on in a teenager's brain. What makes them push the boundaries or rebel against their parents and how do you as a parent take stock and work through it with them?

Bez and his son Arlo add their memories of Arlo's teenage days - with a revelation for Bez.

## **The science - why they're pushing boundaries**

- As teens continue to develop, the emotional area of the brain - the amygdala - develops sooner than the part of the brain needed for self-control and decision-making - the prefrontal cortex.
- The prefrontal cortex actually loses 'grey matter' in adolescence. Although this sounds worrying, it can be thought of as pruning a plant to promote better growth.
- The difference in development between the amygdala and the prefrontal cortex can lead to an increased desire for reward-seeking which is often stimulated by interactions with their peers.
- As a result it can be easier for emotionally driven or risk-taking behaviours to overtake rational thinking.

This time can be gruelling so try not to take it personally, but instead pay attention to your child's specific circumstances and be prepared to offer understanding, flexibility and patience.

### **Anjula's advice:**

*Peak teen: Are the teen years 14-16 the hardest part?*

Many parents say that the toughest teen years are around 14 to 16. This is when a child can appear to be rebelling against you and may seem actively hostile. These years see them test boundaries, small disagreements can create tension, and you may find your teen is feeling powerful insecurities, which they can take out on you. Try to resist the urge to snap back at them.



Anjula Mutanda

### **What if they're having emotional outbursts?**

The pressure of their school life, friendship groups, romantic experiences and changes in their own physique can all play a major part in upsetting your teen.

- Secondary school may feel unbearable for them - so be understanding and try to empathise with them if they are struggling with school.
- Sometimes it can feel 'too close to home' for them to share everything with you as a parent - however good your relationship is. Because of this, communication with your teen may become difficult and strained, it's no failure on your part if they benefit from speaking to another trusted adult, such as an aunt, uncle, older sibling or teacher.
- Spreading the load is also helpful for you as a parent - try to not feel alone in dealing with this - this article from Parents' Toolkit is about [creating your own support network](#).



### **If your teen is pushing the boundaries and breaking more rules - don't forget this is normal, so there's no need to take offence and over-personalise.**

- Setting clear boundaries and consequences help. If you have a partner/co-carer - make sure you agree what the boundaries are so you can be consistent in your rules. 'Teens, are very concerned with fairness, they will often spot inconsistency quickly and may become upset.
- Be careful not to preach at them, make sure you engage in calm communication - this will de-escalate any disagreements.
- Sometimes talking to each other over text can help you both articulate feelings in a calm way and spell out exactly what is going on. Think carefully about the words you choose and how they might be read, to avoid misinterpretation.



Information is from <https://www.bbc.co.uk/bitesize/articles/zmnj7yc>



# REMEMBER OUR PHILOSOPHY

## THREE PILLARS

North London Grammar and Prep School's motto is 'Bonitas, Scientia, Disciplina' which is Latin for 'Goodness, Knowledge, and Instruction'. These distinctive elements that exemplify our philosophy are here:

### BONITAS

'Bonitas' means **goodness, kindness, and excellence**, three attributes that we want to instill in each of our students. Every child has a unique ability and it is our job to help them to make the most of it. At the same time, we want to teach **tolerance, understanding, and respect for every person.**



### SCIENTIA

'Scientia' means knowledge and is the root of our modern word 'science'. We want to give our students **knowledge of the world** around them, but more importantly, give them the tools to find knowledge themselves. Logic, rationality, and critical thinking are central to our philosophy.



### DISCIPLINA

'Disciplina' means instruction and teaching, but also contains the sense of the modern word 'discipline'. Our school exists to provide teaching and training so that students can **gain knowledge and achieve excellence.** This process includes **learning discipline, not just obeying the rules, but also self-discipline:** knowing how to conduct yourself, stay focused, and ask questions.



## Child Protection Online Management System Training



We're thrilled to highlight a significant achievement at NLGS & NLPS — the successful completion of CPOMS training. This underscores our unwavering commitment

to student well-being. CPOMS, integral to our safeguarding strategy, equips staff with tools to create a safe environment. Our dedicated teachers and support staff have enhanced their skills in identifying and managing potential concerns, fortifying our safeguarding framework. At NLGS, safeguarding is not just a priority; it's a fundamental principle. Kudos to our staff for their commitment to continuous improvement, ensuring our school remains a secure haven for students to learn, explore, and excel.

### Year 11 Students Received Comprehensive Study Packs

Year 11 students have received detailed study packs designed to aid success in upcoming mock tests. The comprehensive materials cover various subjects, providing valuable resources for effective preparation.

## ART Week Assembly

In a captivating assembly, NLGS students delved into the world of art and design, pondering the



purpose and necessity of artistic expression. Exploring the omnipresence of art in daily life, the session spotlighted renowned designers like David Mellor and Thomas Heatherwick, emphasizing their impact on everyday objects and iconic structures. Dame Zaha Hadid's revolutionary architectural designs, notably the London 2012 Olympic Aquatic Centre, were celebrated. Additionally, the assembly recognised the creative contributions of **Esha Sahu** (Year 8) and **Eesa Islam** (Year 10) in the Art Week competition. An enriching experience fostering a deeper appreciation for art and design's significance in our lives.





# BOOKFLIX



## Discover the Magic of Bookflix

**What is Bookflix?:** Bookflix is an enchanting reading haven right here at North London Prep School. It's not just a corner; it's a gateway to exciting literary adventures. Bookflix offers our students a unique opportunity to embark on journeys through the pages of captivating books, unlocking new worlds and kindling a love for reading.

**Why Bookflix Matters:** In today's fast-paced digital age, nurturing a passion for books is more crucial than ever. Bookflix is a dedicated space designed to inspire young minds. It encourages students to explore the treasures of literature, fostering their imagination and expanding their horizons.

**How Does It Work?:** Our Bookflix corner boasts an ever-growing collection of books handpicked to cater to a wide range of interests and reading levels. Whether you're a budding bookworm or an avid reader, there's something here for everyone. Students can borrow these books, read them at their own pace, and even share their recommendations with their peers.

**A Community of Readers:** At Bookflix, we believe in the power of shared stories. We encourage students to share their thoughts and book recommendations with their fellow classmates. It's a place where reading becomes a social adventure, where we celebrate the joy of storytelling together.

### Featured Recommendations:

- **A Christmas Carol**, a timeless classic by Charles Dickens, comes highly recommended by **Maitri** of Year 5. Dive into the heartwarming tale of Ebenezer Scrooge's transformation, perfect for getting into the festive spirit.
- **Alex Neptune**, suggested by **Charlotte** of Year 4, is an adventurous read that takes you on a journey to the depths of the ocean. Join Alex Neptune in an underwater world teeming with mysteries and marine wonders.

## Parent Speaker



We are pleased to share that parents are visiting our classrooms to share their career experiences with our students. Recently, **Mrs Shaimaa Moustafa**, a Year 8 student's parent, discussed her clinical psychology career with our Year 11 psychology class. This provided students with practical insights into the field. These interactions not only enhance career awareness but also foster stronger connections within our school community. Such initiatives are central to our commitment to providing a comprehensive education at North London Grammar School. We eagerly anticipate more of these informative sessions in the future, where parents continue to inspire and educate our students.

We recently hosted a transformative BlueSky training session. This training was a fantastic opportunity for our staff to enhance their skills and knowledge. BlueSky empowers our educators to excel in their roles and deliver top-quality education to our students. During this training, our team delved into the **latest techniques, tools, and strategies to foster an even more enriching learning environment**. We are thrilled to see our staff's dedication to professional growth and their commitment to providing the best possible education to our students.

## BlueSky Training





## Work Experience & CV Writing Assembly



In an insightful assembly, Year 10 students acquired valuable insights into creating impactful CVs, specifically tailored to enhance their 6th Form College applications and personal statements, as well as understanding the significance of work experience. Providing them with essential skills for their academic journey, we consider this initiative a vital stepping stone towards their future success. Stay tuned for more enriching experiences as we continue our commitment to empower students for the exciting challenges and opportunities that lie ahead in their educational journey.

## Barnet Schools Cross Country Results



We are delighted to share the fantastic achievements of our students at the recent Barnet Schools Cross Country event held at Copthall Playing Fields on the 17th of October 2023.

**Suleiman (Y6), Nate (Y6), Maitri (Y5), Latifa (Y5), Benjamin (Y4), Cemile (Y4), Meryem (Y4), Semra (Y3), Ayman (Y4), Esen (Y5), Zain Miah (Year 7), Stefan Barbu (Year 8), Omar Miah (Year 9), David Barbu and Krishan Appadoo (Year 10)** showcased determination and perseverance, securing wonderful positions out of dozens of students among Barnet schools.

One of the positions was **Omar Miah**'s, who displayed outstanding athleticism, **finishing 5th out of 51 participants.**

Congratulations to all participants for their hard work and dedication.

## U12 Boys Football Triumph

We are thrilled to share the exciting news from the recent **U12 Boys Football match** against **Saracens Academy (7a-side)** held on 08/11/23 at **Copthall Playing Fields.**

The NLGS team demonstrated their prowess on the field, securing a convincing **3-0 victory.**

Two goals were expertly netted by **Abraham Oyeyebi** with a remarkable brace, and **Marti Kolezi** contributed with an amazing goal.

A special mention goes to **Suleiman Hussain** from year 6, who showcased exceptional goalkeeping skills, ensuring a clean sheet for NLGS. Suleiman's remarkable saves throughout the match earned him the well-deserved title of **Player of the Match.**

As part of the tradition, Suleiman will be penning down the match report.

Congratulations to the U12 Boys Football team on this outstanding achievement!

## Locations for Games lessons

### Football:

**Autumn 1** - Copthall playing fields. (soft ground, firm ground or astro boots)

**Autumn 2** and **Spring 1** - 3G at Burnt Oak Leisure Centre (firm ground or astro boots only)

**Spring 2** - Copthall playing fields. (soft ground, firm ground or astro boots)

### Netball:

**Autumn 1** - School MUGA.

**Autumn 2** and **Spring 1** - Burnt Oak Leisure Centre sports hall.

**Spring 2** - School MUGA

### Cricket:

**Whole summer term** - School MUGA and/or Copthall Playing Fields.

**NEED TO KNOW**

### PE:

## Difference Between Games and PE

- Encompasses a wide range of **physical activities** beyond traditional sports. Includes activities that promote overall physical fitness, health and wellbeing

- PE still may involve traditional sports but its primary objective is to educate students **about the importance of physical fitness, healthy living and various forms of exercise.**

- The students **change the activity in every half term.**

### Games:

- **Sport focused** (our major sports are football, netball and cricket)

- **Competitive based** which emphasises teamwork, strategy, and skill development related to the specific sport. Students learn about the rules of the sports, practice techniques and engage in competitive play.

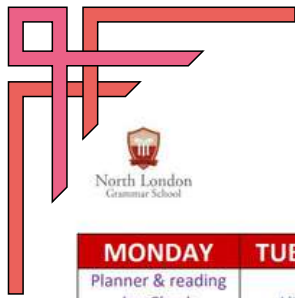




# School Gallery












# Form Times at NLGS

## FORM TIME ACTIVITIES FOR KS3/4 2023- 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Planner & reading log Check Uniform Check Stationery Check <b>DEAR TIME</b> Box Breathing 	Literacy <b>(Curriculum Led by Mr Clements)</b> Box Breathing 	Assembly KS3/Form time Current Affairs <b>(Careers led by Mr Gokcel)</b> Box Breathing 	Numeracy <b>(Curriculum Led by Ms Caya)</b> Box Breathing 	Assembly KS4/Form time <b>(Careers led by Mr Gokcel)</b> Box Breathing 
<b>BONITAS</b>		<b>SCIENTIA</b>		<b>DISCIPLINA</b>

In a world filled with academic and personal growth, NLGS continues to be a beacon of excellence. Join us as we uncover the dynamic weekly routines that keep our school at the forefront of education. From fostering a love for reading to igniting the flames of curiosity, from in-depth current affairs exploration to honing the skills needed for an ever-changing world, our weekly schedule reflects our unwavering commitment to nurturing well-rounded, informed, and confident individuals.

**Monday - DEAR (Drop Everything and Read) Time:** On Monday, we kick off the week with DEAR (Drop Everything and Read) time. As our tutees dive into their chosen books, our dedicated form tutors ensure that all planners are in order. This includes verifying completed homework, recorded reading, and securing the essential parental signatures. Additionally, form tutors oversee the availability of required stationery and adherence to our school's uniform standards.

**Tuesday - Literacy Time:** Tuesday is dedicated to literacy development. Each form group receives a literacy task, designed to engage students in a range of activities. These tasks can vary from interactive assignments to group activities or individual challenges.

**Wednesday - Key Stage 3 Assembly and Current Affairs:** Every alternative Wednesday, Key Stage 3 gathers for a special assembly. On the other week, when there isn't an assembly, form groups delve into current affairs. They explore the latest news and global events with their form tutors, staying informed about the world around them.

**Thursday - Numeracy Time;** Thursday morning begins with a numeracy task for all form groups. Like our literacy tasks, these can be interactive, group-based, or individual activities, ensuring that our students continue to strengthen their mathematical skills.

**Friday - Key Stage 4 Assembly and Careers Activities:** Key Stage 4 takes the spotlight on Fridays during their fortnightly assembly. On the weeks without assembly, Key Stage 4 form groups engage in careers activities using Unifrog, helping our students plan for their future career paths.

**Daily Box Breathing for Well-being:** Lastly, don't forget that Box Breathing is a daily part of our form time. This practice offers numerous benefits, including stress reduction and mood improvement, ensuring our students start their day with calm and focused mind.

In the ever-evolving world of education, North London Grammar School remains steadfast in its commitment to excellence. Our weekly routines are not just schedules; they are a testament to the values we hold dear – the love for learning, the curiosity to explore, and the preparation for a dynamic world.