



North London Grammar School

PSHE Policy

Date last reviewed	November 2022
Reviewed by	Mrs. Erdil, Senior Deputy Head
Approved by	Mr. Adak, Headteacher
Next review due by	September 2023



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1. Rationale

North London Grammar School is committed to safeguarding and promoting the welfare of young people and all staff and volunteers.

Personal, Social and Health Education (PSHE) at Key Stage 3, 4 and 5 endeavours to help pupils to lead confident, healthy and responsible lives as individuals and members of society.

Through work in lessons and a range of activities across and beyond the curriculum, pupils gain practical knowledge and skills to help them live healthily and deal with the spiritual, moral, social and cultural issues they may face as they approach adulthood.

PSHE gives pupils opportunities to reflect on their experiences and how they are developing. It helps them to understand and manage responsibly a wider range of relationships as they mature and to show respect for the diversity of and differences between people.

It also develops pupils' well-being and self-esteem encouraging belief in their ability to succeed and enabling them to take responsibility for their learning and future choice of courses and career.

PSHE at Key Stage 3, 4 and 5 builds on the pupils own experiences and work done in Key Stage 1 and 2. It also compliments Life lessons on the school curriculum covering areas such as issues in politics, the law, family, the environment, relationships, British Values, e-safety, self-awareness , Protected Characteristics and the media.

1.1. Aims of the PSHE Programme of Study

To enable all pupils to develop as fully as possible their interests, abilities and aptitudes and to make additional provision for those who are in any way disadvantaged.

To allow pupils to develop lively, enquiring minds so that they can be capable of independent thought and formulate their own opinions.

To experience enjoyment of learning so that they may be encouraged to take advantage of educational opportunities later in life.

To develop appropriate skills in literacy and numeracy.

To develop programmes of study and experiences which will enhance pupils self-respect and confidence and encourage them to take responsibility for themselves and their actions.

To provide pupils with the necessary skills to respond effectively to social, economic and political changes as well as changing patterns of work.

To develop social skills that are necessary to work successfully with other people both inside and outside of the school environment.

To equip pupils for their adult roles in society and help them to understand the responsibilities of being parents, citizens and consumers.

To encourage appreciation of, and concern for, the environment.

To develop interests and skills that will continue to give personal satisfaction in the use of leisure time.



To establish partnerships between the school and the community it serves and help to develop an understanding of the wider community and the ways in which individuals and school relate.

To develop a curriculum which enhances pupil's knowledge and experience and allows them to learn about themselves and the society in which they live, through a variety of social and moral issues.

To provide pupils with the experience of school as a caring, supportive community where life is enjoyable and there is equal provision of opportunity, regardless of gender, race, culture or ability.

To enable pupils to make informed choices when considering the development of a healthy and safer lifestyle.

To give students the confidence to discuss difficult issues by encouraging non-judgemental participation by students and staff.

1.2. Context of the PSHE Programme of Study

At North London Grammar School, PSHE is delivered within a whole school approach which includes:

- Discrete lessons delivered by – specialist teams, form tutors, other staff during timetabled lessons and form time.
- Teaching PSHE through and in other subject/curriculum areas.
- Through PSHE activities and school focus days or events.
- Through pastoral care and guidance.

1.3. Discrete Lessons

At North London Grammar School there is 1 lesson per week focusing on Life related matters, including Careers Education and Guidance, Sex and Drugs/Alcohol Education and Financial Capability.

Formal Assemblies and Form Tutor time are used to deliver aspects of the Student Services programme e.g. Anti-Bullying.

1.4. PSHE – Cross Curricular Links

Provision for some aspects of PSHE is made through other subject areas including Religious Education.

Additionally other curriculum subjects have opportunities to make links with the PSHE Framework through their programme of study:

English – skills in enquiry and communication, use of resources, discussion and presentation of arguments, texts with personal, health and relationship issues.

Maths – aspects of financial capability

Science – teaching and learning on health, drugs (including medicines), sex education and safety.

ICT – finding ICT based information, handling data, e-mail for communication and exchange of ideas.

Computing – considering the ethical impact of the use of computers on our lives; looking at the impact of legislation such as the GDPR, Data Protection Act and IP

Business - developing pupils' understanding of the world of work and their role as consumers and aspects of financial capability; looking at the ethical nature of businesses, balance profit against



morals; impact of employment legislation. Developing pupils' understanding of the world of work and their role as consumers and aspects of financial capability.

History – ideas, beliefs, attitudes and experiences of people from the past, issues of cultural diversity including Britishness & Democracy.

Geography – implications of sustainable development for pupils' own life, study of cultural differences, skills of geographical enquiry including communication.

Modern Foreign Languages – communication in the target language and learning about culture, customs and beliefs, exchange visits and host visits.

Art and Design – respect of the differences between people through an investigation of artists, craftspeople and designers from Europe and the rest of the world.

Music – making the most of abilities and working with others when playing or singing, issues of cultural diversity, their value and expression.

Physical Education – teaching and learning about health, safety and fitness, development of co-operation and commitment, teamwork. Inter school competition.

Debate Clubs/Events – issues of political and social policy, diversity, equality and racism.

Religious Studies - religious and moral beliefs, values and practices that underpin and influence personal and social issues and relationships.

1.5. PSHE Activities & School Events

At North London Grammar School, students in year 7, 8 and 9 will have PSHE delivered through single lessons a well during the course of the school year. This will sometimes be determined by the availability of outside agencies.

Aspects covered will include sex education, smoking, alcohol and drugs awareness (personal well-being) as well as careers, enterprise and work related learning.

Students have access to a range of services and activities which are designed to support their personal, social, health and emotional wellbeing and motivate them to achieve their full potential. Students may self-refer to these services and activities or may be referred by a member of staff.

1.6. Pastoral Care & Guidance

North London Grammar Schools pastoral system is organised in house groups; Aqua, Ignis, Tellus and Aeris.

Each house group is led by a House Group Leader, a member of SLT/MLT. House groups are in vertical groups.

Each Key Stage has an assembly once a fortnight which will focus on PSHE issues or National Agendas.

Friday is set aside each week for form based activities.

Each House Group will participate in inter-competitions throughout the year and this will incorporate sports, quizzes and talent shows. Reward activities will be organised by House Group Leaders through the use of KSM Merits.



Wining House Groups at the end receive a special event dedicated to their achievement.

At the end of each academic year Achievement assemblies are held to celebrate pupils' achievement across the whole curriculum.

2. PSHE Delivery – Who & How?

PHSE Co-ordinator: Mrs Lena Dhrona.

Aspects of PSHE could be delivered by staff during lessons and specifically by outside agencies who are specialists in their particular field. The specialists will include Health Professionals, Police, Fire Brigade, Politicians, Magistrates, Theatre Groups and Barnet Young Peoples Services.

Good teaching will use a variety of methods during lessons and across various units of work. All staff are encouraged to use a variety of flexible, active learning methods:

- Stating what is to be learnt and what the teacher is looking for (Walt/Wilf).
- Good questioning skills.
- Ground rules.
- Working together.
- Understanding another point of view.
- Reflection, review and evaluation.
- Role play.
- Discussion and debate.
- Voting.

Every effort will be made by all staff to include all pupils in every lesson regardless of ability. Teachers will use a variety of techniques to include all pupils and every effort will be made to adapt each lesson to include pupils with differing learning styles.

2.1. Answering Difficult Questions

Teachers will be careful to ensure that their personal beliefs and attitudes do not influence the teaching of PSHE.

No teacher or pupil will be expected to answer personal questions.

No one will be forced to take part in a discussion.

The meaning of words will be explained in a sensible and factual manner.

2.2. Assessment

Assessment will take place in the classroom as is appropriate to the task being undertaken.

In oral work or role play this may be simply an observation of the learning outcome.

In some cases there may be written evidence.

Self and Peer assessment will be actively encouraged and pupils allowed time to reflect on their progress and achievement.



Teachers will provide written feedback at least twice a half term.

3. Monitoring Arrangements

This policy will be considered annually and formally reviewed every three years by the Head of Personal Development in consultation with the Governors, Headteacher, Heads of Department and Senior Leaders.

This document will be approved by the governing body.

4. Links with Other Policies

This document links to the following policies:

- SMSC
- Equality Information and Objectives
- Safeguarding
- E-Safety
- RSE