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## E-SAFETY FOR PARENTS

### E-SAFETY INFORMATION FOR PARENTS

The internet is becoming an integral part of our and our children's lives and it is becoming more and more accessible. Whether your children are using the internet at home or at school, on their phone, laptop or on a tablet, it is important that parents are equipped with the knowledge on how they can keep their children safe, whilst allowing them the freedom to explore the world and develop their knowledge.

- Keep your computer in a shared area - Talk to your child about what they are doing online and, if possible, set up your computer in a shared area at home so that you can all share in the wonderful sites that are available online.
- Download a poster to put next to your computer. [This](#) could help you talk to your child about safe use.

### GENERAL

- [Childnet International](#) - Part of the 'Know It All' website that provides materials for promoting safe Internet access.
- [Get advice on cyber bullying here](#). This is an excellent resource for those who need advice on dealing with bullying.
- [Digizen](#)- advice and resources on how to be a good DIGital citiZEN
- [Think you know](#) – General information website for all including primary aged students
- [Kidssmart](#) - learn about the internet and mobile phones and being a SMART surfer

### SOCIAL MEDIA

Flexible Filtering allows schools, if they wish, to unblock social networking sites. Social media sites are constantly changing their settings and privacy policies. For the most up to date information see each site for their own information pages.

- [Childnet International](#) -A guide for parents, carers and teachers about social networking sites
- [Facebook \(privacy policy\)](#) (minimum age 13) Members create a user profile, they can then create and join groups if they wish. Allows users to share photos, interests, music and comment on other profiles. This [parents guide to Facebook](#) is an excellent resource for getting to grips with Facebook.
- [Twitter \(Privacy policy\)](#)(minimum age 13) Twitter users exchange public content in the form of 140 character messages sent from the webpage or from a user's phone. Users may have a public or private account and choose to view the message of other users. The messages are referred to as 'tweets'. Twitter have also published this [parents guide](#), which provides parents with excellent advice on how to keep their children safe, whilst getting the most out of Twitter.

- [MySpace -Guide for parents](#) (minimum age 13) Users create profiles, share photos, journals, music and videos. Users can choose if the content can be viewed by friends only, 18 and older, and everyone.
- [Ning Privacy Policy](#) (minimum age 13) Users create their own social network and can control membership and privacy.
- [Club Penguin parent information](#)- Club Penguin is a social networking site for children aged 6 to 14. This is a website that is moderated and allows parents to place their own restrictions.

### **CHAT, INSTANT MESSAGING (IM), GAMES, EMAIL, MOBILE**

There are many sites that incorporate chat, instant messaging, games, email and mobile. As with all social media sites particular care should be given to who we befriend and trust, protecting personal details and accessing age appropriate materials.

- [Chatdanger](#) - a site all about the potential dangers on interactive services online like chat, IM, online games, email and on mobiles.

## **IF YOU HAVE ANY CONCERNS ABOUT INTERNET SAFETY – PLEASE CONTACT THE CEOP**

### **KEY CONTACT**

School E-Safety Officer – [omsalahuddin@northlondongrammar.com](mailto:omsalahuddin@northlondongrammar.com) (Deputy Headteacher)

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## E-SAFETY FOR TEACHERS

### E-SAFETY INFORMATION FOR TEACHERS

All teachers have a duty of care to the pupils that they teach, and this includes ensuring good and safe practice when using the internet. Any activity that requires the use of the internet requires vigilant planning and an awareness of risk to minimise the risk of an e-safety incident.

### GENERAL

- [Cyber Bullying](#)- This page, (via the [Bullying. co.uk](#) website) is an excellent resource for spotting the signs of online bullying.
- [Cyber Mentoring](#) - This is a website that provides information about kids helping kids online.
- [Childnet International](#) - Part of the Know It All website that provides materials for promoting safe internet access.
- [Digizen](#)- advice and resources on how to be a good DIGItal citiZEN
- [Thinkyouknow](#) – Lots of free resources to assist teachers with good e-safety practice.

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- [Childnet International](#)- A guide for parents, carers and teachers about social networking sites.
- [Facebook \(privacy policy\)](#) (minimum age 13) Members create a user profile, they can then create and join groups if they wish. Allows users to share photos, interests, music and comment on other profiles. This [teachers guide to Facebook](#) is an excellent resource to good e-safety practice.
- [Twitter \(Privacy policy\)](#) Twitter users exchange public content in the form of 140 character messages sent from the webpage or from a user's phone. Users may have a public or private account and choose to view the message of other users. The messages are referred to as 'tweets'. Twitter have also published this [teachers guide](#) which provides teachers with excellent advice on how to keep their students safe, whilst getting the most out of Twitter.
- [MySpace](#)- (minimum age 13) Users create profiles, share photos, journals, music and videos. Users can choose if the content can be viewed by friends only, 18 and older, and everyone.
- [Ning](#) (minimum age 13) Privacy policy Users create their own social network and can control membership and privacy.
- [Friendfeed \(Privacy policy\) Terms and conditions](#). Users share music, videos, photos and discussions through profiles and groups.
- [Club Penguin](#) A social networking site for children aged 6 to 14. This is a website that is moderated and allows parents to place their own restrictions. ·

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# **E-SAFETY FOR STUDENTS**

## **E-SAFETY INFORMATION FOR STUDENTS**

The internet is an online community who are connected to each other by computers. Anyone you 'meet' online who you don't know should be treated the same as if you met them on the street - as a stranger.

### **USING THE INTERNET**

- Don't give out your details on line. This includes your username, email, telephone number, pictures, where you live etc. Anything you give out usually stays on the internet for a long time and can't be deleted, this is particularly important with pictures & videos;
- Choose any username and email with care, making sure it isn't provocative;
- Keep your anti-virus software up to date;
- Make sure you keep your settings to private (e.g. Facebook). People can easily lie and pretend to be someone they are not, don't do and say things that you wouldn't do offline in real life - it could get you into trouble;
- Don't meet up with strangers you meet online without an adult you can trust.

### **EMAILS/MESSAGES**

- Don't open emails or messages from people you don't know;
- If something is too good to be true, it usually is and is best ignored. Spam/junk mail usually contain tricks and lies, and often try to trick you into clicking on links;
- Don't open attachments in emails from people you don't know. They could contain viruses that could destroy your hard drive or install software that watches everything you do (spyware) including your passwords. Spyware watches for usernames, passwords, bank log in details and more;
- The attachments could be images or movies for adults, not usually a good thing.

### **GETTING HELP**

- The [Think U Know](#) website is fantastic and has loads more information about e-safety.

- If something happens that you don't like or makes you feel uncomfortable - tell someone - it's never too late.
- There are people who can help. You can speak to your parents, teacher/tutor or make an official report to the police via CEOP about sexual abuse.

### **GENERAL**

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- [Digizen](#) - advice and resources on how to be a good DIGital citiZEN;
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- [MySpace - Guide for parents](#) (minimum age 13) Users create profiles, share photos, journals, music and videos. Users can choose if the content can be viewed by friends only, 18 and older, and everyone.

- [Ning Privacy Policy](#) (minimum age 13) Users create their own social network and can control membership and privacy.
- [Friendfeed privacy policy](#) and [terms and conditions](#) (minimum age unknown) Users share music, videos, photos and discussions through profiles and groups.
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